



THE
COUNSELING
CENTER

Season's Greetings!

GUARDIAN ANGEL PROGRAM

Your coffee today could be someone's lifeline tomorrow. Here is why...

Meet James (name changed) - a bright young man with a loving family and a promising future. But behind his smile, he's fighting complex battles that no teenager should face alone. For three years, therapy has been his anchor, helping him overcome addiction and find hope when his suicidal thoughts have felt too overwhelming.

Then insurance changed everything.

With his mental health coverage suddenly altered and taken away, James now faces an impossible choice- between continuing the treatment that has saved his life and drowning in more medical debt. His family, already stretching every dollar, can't bridge this gap alone.

This is where you come in.

Through our new "Guardian Angel" program, you can anonymously support James' healing journey. 100% of every Angel donation helps to clear his care balance and ensure that he can continue receiving the transformative care he has found at The Counseling Center at Tree City; the support that has changed his life and given him a future. If you would like to be a part of the Guardian Angel program email guardianangels@cccounselors.org

Giving Opportunities

\$25



Click on the star to
donate now!

\$75

\$250

\$125

\$500

Guardian Angels are needed for:

- Young adults who have aged out of coverage under their parents
- People with medicare who do not have mental health benefits
- Premarital counseling packages
- Counselor in training to provide low cost counseling services

Meet Our Team!

**WE ARE PROUD TO SHARE
THESE AMAZING
INDIVIDUALS WITH YOU!**

The Counseling Center has been dedicated to serving our community by offering professional counseling and therapy services through a diverse team of providers. Our staff and clinicians are highly responsive to patient requests and promptly accommodate their scheduling needs. We offer both in-person and telementalhealth counseling and therapy services for individuals and families throughout Idaho.

We are truly grateful when you refer our services to those who may be struggling with mental health issues. Most health insurance plans cover our fees, and we also offer reduced rates through our advanced graduate students.

OUR Specialties

- [Anxiety Counseling](#)
- [Bipolar Disorder Counseling](#)
- [Counseling For Children](#)
- [Couples Counseling](#)
- [Depression Counseling](#)
- [Family Counseling](#)
- [Grief Counseling](#)
- [Parenting Classes](#)
- [Premarital Counseling](#)
- [Suicide Counseling](#)
- [Teen Counseling](#)
- [Trauma Counseling](#)
- [Telemental Health](#)





Personal Note from Dr. Lynn Bohecker

CHIEF EXECUTIVE OFFICER OF THE COUNSELING CENTER AT TREE CITY

Reflecting on the past year at The Counseling Center at Tree City, we are deeply grateful for the opportunity to provide hope and healing to our community. Our mission to promote compassion and offer confidential, professional counseling and therapy remains our top priority. Your faith and support have been both uplifting and inspiring.

Our team has had the privilege of working closely with our community, forming deep and personal partnerships. Each of our clinicians is dedicated to providing unique, individualized counseling services to help individuals and families achieve their mental health goals.

As we look forward to 2025, we invite you to get to know our dedicated counseling team on the previous page of this newsletter. We ask for your continued prayers for the health and healing of our patients, our team members, our leadership, and the wonderful community we serve. Please consider making a donation to support our work. Your contributions help provide clinical counseling services to those who might not otherwise have access. All donations are tax-deductible. Thank you for your generosity and support.



**Did You Know?
We have 14 clinical
counselors and
therapists who
provide in person
and telehealth
counseling and
psychotherapy to
individuals,
couples, and
families living all
across Idaho!**

The Counseling Center is a 501(c)(3) public charity, making all donations tax-deductible.